

2022 - 2023

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	<p>Transition and safety Transition to secondary school and personal safety including first aid.</p> <ol style="list-style-type: none"> 1. Successful transition to Secondary School 2. Online & Social Media 3. Resilience 4. Building friendships 5. First Aid 6. First Aid emergency 7. Personal Safety 8. Respect <p>Impact: Resilience, independence, handling emergencies, being a good friend, making sound decisions, reporting concerns</p>	<p>Diversity Diversity, prejudice, and bullying/ cyberbullying.</p> <ol style="list-style-type: none"> 1. Respect 2. Diverse Society 3. Identity & Characteristics 4. Stereotypes & Prejudice 5. Discrimination 6. Bullying & Abuse 7. Cyber-Bullying <p>Impact: Respectful behaviour, use of appropriate language, reporting concerns, resilience, understanding differences, being a positive member of society</p>	<p>Relationships Building relationships, Self-worth, and relationship boundaries.</p> <ol style="list-style-type: none"> 1. Building body confidence & Self-esteem 2. Healthy relationships 3. Consent 4. Safer Relationships online <p>Living in the wider world</p> <ol style="list-style-type: none"> 5. Careers Education 6. Qualities and Skills 7. Stereotyping/discrimination in the workplace <p>Impact: Resilience, being a good friend, reporting concerns, making good decisions, understanding what is healthy in a relationship, respectful behaviour, feeling confident, understanding differences, being a positive member of society</p>	<p>Healthy routines Influences on health and puberty.</p> <ol style="list-style-type: none"> 1. Sharing information safely online 2. Relaxation & Exercise 3. Dental Health 4. Puberty 5. Growing & Changing 6. Healthy Sleeping Habits <p>Impact: Resilience, reporting concerns, making good decisions, respectful behaviour, understanding what happens to the body during puberty, making healthy choices</p>	<p>RSE Decision making/ peer pressure when viewing TV, film & online content.</p> <ol style="list-style-type: none"> 1. Deciding what to watch 2. Relationships on Screen 3. Managing challenging content <p>Health Education</p> <ol style="list-style-type: none"> 4. FGM – Myths & Facts 5. FGM - Risks <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, being a good friend, independence, resilience, empathy, understanding of the law</p>	<p>Health Education Alcohol and drug misuse and pressures relating to drug use.</p> <ol style="list-style-type: none"> 1. Understanding drugs 2. Risks & influences 3. Drugs & alcohol education <p>Relationship Education</p> <ol style="list-style-type: none"> 4. Inclusion in school <p>Pupils move into Year 8:</p> <ol style="list-style-type: none"> 5. Social media 6. Commitment <p>Impact: Independence, kindness and understanding, being a positive member of society, reporting concerns, making healthy choices, understanding of the law</p>
	Year 8	<p>Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies.</p> <ol style="list-style-type: none"> 1. Promoting emotional well being 2. Digital resilience 	<p>Discrimination in all its forms Including racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia.</p> <ol style="list-style-type: none"> 1. Discrimination 2. Equality act 	<p>Online safety & Fraud Online safety, digital literacy, media reliability, and gambling hooks.</p> <ol style="list-style-type: none"> 1. Understanding Fraud 2. Fraud and data protection 3. Money mules 	<p>Healthy routines Diet, exercise, lifestyle balance and healthy choices.</p> <ol style="list-style-type: none"> 1. Preventing involvement in serious crime 2. Making choices about diet and exercise 	<p>RSE Introduction to consent and online friendships.</p> <ol style="list-style-type: none"> 1. Consent 2. Avoiding assumptions 3. Freedom and capacity to consent

	<p>3. Attitudes towards mental health 4. Unhealthy coping strategies 5. Healthy coping strategies 6. Puberty</p> <p>Impact: Resilience, reporting concerns, making good decisions, respectful behaviour, understanding what happens to the body during puberty, making healthy choices</p>	<p>3. Diversity in gender and sexuality 4. Homophobia etc. 5. Challenging racism 6. Disability 7. Self esteem</p> <p>Impact: Respectful behaviour, use of appropriate language, reporting concerns, resilience, understanding differences, being a positive member of society</p>	<p>4. Social engineering 5. Gambling online</p> <p>Impact: Resilience, being a good friend, reporting concerns, making good decisions, respectful behaviour, understanding the law, being a positive member of society, life skills</p>	<p>3. Maintaining physical health 4. Self-care activities 5. Sleep 6. Body image</p> <p>Impact: Making healthy choices, resilience, reporting concerns, making good decisions, kindness and understanding</p>	<p>4. Social networking and online friendships 5. Sharing images online</p> <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, being a good friend, resilience, empathy, understanding of the law, taking responsibility</p>	<p>4. Media messages and body image Pupils move into Year 9: 5. Consent, my body, my choice 6. Contraception</p> <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, being a good friend, resilience, empathy, understanding of the law, taking responsibility</p>
Year 9	<p>RSE Healthy and unhealthy relationship behaviours and sending nude images. 1. Body Image Advertising 2. Acceptable 3. Unacceptable 4. 'Send me a pic' 5. 'Send me a pic'</p> <p>Health education Healthy/ unhealthy friendships and gang exploitation. 6. Grooming & Exploitation 7. County Lines</p> <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, being a good friend, resilience, empathy,</p>	<p>Health Education Drugs education/ substance misuse and puberty. 1. Young people's attitudes regarding drugs 2. The law and managing risks 3. Drugs and their effects 4. Manage peer and other influences 5. Puberty 6. Feelings about sharing nudes (part 1)</p> <p>Impact: Making healthy choices, resilience, reporting concerns, making good decisions, understanding the law, dealing with pressure</p>	<p>RSE Consent, the risks of STIs, and attitudes to pornography. 1. Starting out in Romantic Relationships 2. Preventing STIs 3. Capacity to Consent 4. Contraception 5. Condom negotiation 6. Unplanned pregnancy 7. Relationship expectations</p> <p>Impact: Making healthy choices, respectful behaviour, dealing with pressure, reporting concerns, resilience, understanding of the law, taking responsibility</p>	<p>Living in the wider world Finances/ income and employability skills. 1. Debt 2. Money Management 3. Income Tax & NI 4. Ethical financial decisions 5. Living in the wider world 6. Living in the wider world</p> <p>Impact: Resilience, reporting concerns, making good decisions, respectful behaviour, understanding the law, being a positive member of society, taking responsibility, life skills</p>	<p>Health education Diet, exercise, lifestyle balance and healthy choices. 1. Making choices about diet & exercise 2. Maintaining physical health 3. Self-care 4. Sleep 5. Exploring donation 6. Donation & Choices 7. Responsibility for Physical Health (Cancer)</p> <p>Impact: Making healthy choices, resilience, making good decisions, health responsibility, being a positive member of society</p>	<p>Relationship Education Healthy relationships and living in the wider world issues. 1. Run, Hide, Tell 2. Knife crime 3. Tackling Homelessness (Part 1) 4. Tackling Homelessness (Part 2) Pupils move into year 10: 5. Social attitudes to sending nudes (part 2)</p> <p>Impact: Resilience, reporting concerns, making good decisions, respectful behaviour, understanding the law, being a positive member of society, handling emergency situations</p>

	understanding of the law, being a positive member of society					
Year 10	<p>Mental health Mental health and ill health, stigma, safeguarding health.</p> <ol style="list-style-type: none"> 1. New Challenges 2. Reframing negative thinking 3. Recognising mental ill health & when to get help 4. Emotional wellbeing and the media <p>Impact: Resilience, reporting concerns, making good decisions, respectful behaviour, understanding differences, empathy making healthy choices, where to find support, dealing with change</p>	<p>RSE Relationships and sex education including consent, contraception, the risks of STIs.</p> <ol style="list-style-type: none"> 1. Healthy relationships 2. Readiness for intimacy 3. Contraception 4. When contraception fails <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, understanding of the law, taking responsibility, understanding boundaries, life skills</p>	<p>RSE Relationships expectations, pleasure and challenges, including the impact of the media and pornography.</p> <ol style="list-style-type: none"> 1. The role of intimacy and pleasure 2. The impact of pornography 3. Pressure, persuasion and coercion <p>Impact: Respectful behaviour, dealing with pressure, reporting concerns, understanding of the law, taking responsibility, understanding boundaries</p>	<p>Exploring influence Drug and alcohol misuse.</p> <ol style="list-style-type: none"> 1. Substance use and assessing risk 2. Substance use and managing influence 3. Help seeking and sources of support 4. Gangs <p>Impact: Making healthy choices, resilience, reporting concerns, making good decisions, understanding the law, dealing with pressure, being a good friend, being a positive member of society</p>	<p>Living in the wider world Preparation and evaluation of work experience and cyber-crime.</p> <ol style="list-style-type: none"> 1. Careers 2. Work experience 3. Cyber Crime: Causes 4. Cyber Crime: Effects <p>Impact: Life skills, making good decisions, resilience, qualities of an employee, reporting concerns, respectful behaviour, understanding the law, being a positive member of society, taking responsibility</p>	<p>Relationship Education Community cohesion and challenging extremism.</p> <ol style="list-style-type: none"> 1. Valuing diversity 2. Gender identity <p>Pupils move into year 11:</p> <ol style="list-style-type: none"> 3. Understanding and Preventing Extremism 4. Radicalisation <p>Impact: Respectful behaviour, use of appropriate language, reporting concerns, resilience, understanding differences, being a positive member of society</p>
Year 11	<p>Building for the future Self-efficacy, stress management, and future opportunities.</p> <ol style="list-style-type: none"> 1. Dealing with change 2. Exam Stress 3. Sleep factor 4. Health education <p>Impact: Making healthy choices, resilience, making good decisions, dealing with</p>	<p>Living in the wider world The impact of financial decisions, debt.</p> <ol style="list-style-type: none"> 1. Debt 2. Salaries & Payslips 3. Bill & Taxes <p>Impact: Making good decisions, being a positive member of society, taking responsibility, life skills</p>	<p>Relationship sex education Relationships and sex education including consent, contraception, the risks of STIs.</p> <ol style="list-style-type: none"> 1. Impact of Sex in the media 2. Managing unhealthy behaviour in a relationship 3. Consent & coercion 4. Barrier contraception 	<p>Relationship sex education Different types of relationships and parental responsibilities.</p> <ol style="list-style-type: none"> 1. Fertility and routes to parenthood 2. Pregnancy outcomes 3. Pregnancy choices: abortion <p>Impact: Respectful behaviour, dealing with pressure, reporting</p>	<p>Relationship Education Different types of relationships and parental responsibilities.</p> <ol style="list-style-type: none"> 1. Long term commitments 2. Legal status of different relationships 3. Parenting <p>Impact: Responsibility, respectful behaviour, understanding of the law</p>	

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	pressure, dealing with change		Impact: Respectful behaviour, dealing with pressure, reporting concerns, understanding of the law, taking responsibility, understanding boundaries, life skills	concerns, understanding of the law, taking responsibility, understanding boundaries, life skills		
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